



We offer Mt. Kenya treks in three main routes, with three options each:

SIRIMON ROUTE

Option 1: SIRIMON out CHOGORIA (5 DAYS)

DAY 1

Transport from Nanyuki to Sirimon park gate.2635m.

The acclimatization walk starts at the park gate and goes up to old Moses camp. This important 9 KM will lead you through our equatorial rain forest inhabited by animals like black and white Columbus monkeys, buffaloes and elephants. You will see variety of birds and plants as .you walk through the forest. The hiking may take 3- 3 1/2 hours and a slow pace is strongly advised. Dinner and overnight in the Old Moses camp.

DAY 2

Breakfast followed by a 14-1/2km trek. We leave early enough to cover 7 hours walking through our undisturbed moorland with its combination of special mountain plants that never grow below 3500m. After 1-hour walk you come into the beautiful valley. (Mackinder valley) beneath the peak with its ancient giant lobelia trees and many varieties of birds. There is a high chance that you will be entertained by the rock hyrax, the only altitude-surviving animal, which is believed to be a cousin of the elephant.

Lunch enroute and dinner and overnight at camping

DAY 3

Anti-clockwise semi circuit to Austrian hut to make a 4-5 hours trek, always with peak views in front of you. Starting with steep climbing right from Shipton's camp, the trail leads you to Hausberg Col, 4590m. Lunch at hut turn. Dinner and overnight at Austrian hut (bunkhouse).

Day 4

A quick breakfast (tea & biscuits) before setting out for point Lenana around 5.00 am so as to be at the top by 6.00 o'clock. This gives you a chance to see sunrise and Mt. Kilimanjaro if the weather allows, the longest view in the world. After photos descend to Mintos for the real breakfast and proceed down to Chogoria. This takes you through the beautiful Gorges valley, with its lakes and rock formations, and then back into the forest. Lunch at Chogoria Road head, Dinner and overnight at Meru lodge at Chogoria gate.

DAY 5:

After breakfast proceed down to Chogoria. This is a 27 KM leisure walk through our Bamboo zone, which takes you 6 HOUR down, where you will get the connect to go back Nairobi at about 2.00 /pm al 300 pm .

Option 2: SIRIMON out NARUMORU (5 DAYS)

DAY 1

Transport from Nanyuki to Sirimon park gate.2635m.

The acclimatization walk starts at the park gate and goes up to old Moses camp. This important 9 KM will lead you through our equatorial rain forest inhabited by animals like black and white Columbus monkeys, buffaloes and elephants. You will see variety of birds and plants as .you walk through the forest. The hiking may take 3- 3 1/2 hours and a slow pace is strongly advised. Dinner and overnight in the old Moses camp.



DAY 2

Breakfast followed by a 14-1/2km trek. We leave early enough to cover 7 hours walking through our undisturbed moorland with its combination of special mountain plants that never grow below 3500m. After 1-hour walk you come into the beautiful valley. (Mac kinder valley) beneath the peak with its ancient giant lobelia trees and many varieties of birds. There is a high chance that you will be entertained by the rock hyrax, the only altitude-surviving animal, which is believed to be a cousin of the elephant.

Lunch enroute and dinner and overnight at Shipton camp

DAY 3

After breakfast will walk to the viewpoint about three hours work and back for lunch time and be ready for next day to go to Point Lenana, dinner and overnight at the same point ship ton camp.

DAY 4

A quick breakfast (tea & biscuits) before setting out for point Lenana around 3. 00 am so as to be at the top by 6.00 o'clock. This gives you a chance to see sunrise and Mt. Kilimanjaro if the weather allows the longest view in the world. After photos descend ma kinder for the real breakfast, after breakfast you will rest 1or 2 hours then start going down after 2 two hour will have lunch, after lunch you will see different vegetation for 2 hour to the Meteorological (the Met.) station dinner and overnight at The Met. station camp.

DAY 5

After breakfast proceed down to the park gate ,this is where you will see different off bird .and black and white monkey and biggest trees, it will take 9 km. walk .after arrived to the gate that is where will take car to the town .

Option 3: SIRIMON out SIRIMON - 4 DAYS

Day 1

Proceed to Sirimon Gate, 1 hr., 2440m. From the gate follow the track as it winds uphill though the forest which becomes heath land after about 3 hrs. About 3½ hours from the gate the track veers right to Judmier Camp, 3300m for dinner and overnight.

Day 2

After breakfast, follow the track uphill, forking left at the junction. After one hour from Old Moses Camp, the track crosses Ontulili River. Go right contouring through the Moorland and crossing Likii North and continue uphill to Mackinders Valley from where there are panoramic views up the valley towards the main peaks. Dinner and overnight at Shipton Camp, 4200m.

Day 3

Leave at 3am up a steep stony quarry that cuts through a cliff clearing visible part towards lower Hall Tarns arriving point Lenana at 6:30am, taking about 3hrs. After the sunrise, descend down to Shipton Camp, 2hrs, for breakfast and further, 4hrs, down to Old Moses Camp for dinner and overnight.

Day 4

After breakfast, walk down through the rainforest for 2 hours to Sirimon gate and connect with your transport vehicle.



NARUMORU ROUTE

Option 1: NARU-MORU out SIRIMON (5 DAYS)

Day 1

Transport from Narumoru to Narumoru park gate. 2470m.

The acclimatization walk starts at the park gate and goes up to The Met. station camp. This important 9km will lead you through our equatorial rain forest inhabited by animals like black and white Columbus monkeys, velvet monkeys, buffaloes and elephants. You will see a variety of birds and plants as you walk through the forest. The hiking may take 3-3½ hrs. and a slow pace is strongly advised. Dinner and overnight in The Met. station camp (bunkhouse)

Day 2

Breakfast followed by a 13-½ km trek. We leave early and walk through our undisturbed moorland with its combination of special mountain plants that never grow below 3500m. After an hour walk you come into the beautiful valley (Teleki valley) beneath the peak with its ancient lobelias and many varieties of birds. There is a high chance that you will be entertained by the rock hyrax, the only high altitude surviving animal which is believed to be a cousin of the elephant.

Lunch enroute and dinner overnight at Mackinder's camp (bunkhouse).

Day 3

Breakfast then start walking to Austrian hut. A slow pace is strongly advised on this day. Lunch at Austrian hut, rest for a short time and then you can walk around and take photos. There much to see here, underneath the summit. Dinner and overnight at Austrian hut.

Day 4

A quick breakfast (tea & biscuits) before setting out for point Lenana around am so as to be at the top by 6 o'clock. This gives you a chance to see the sunrise and Mt Kilimanjaro if the weather allows. After photos descend down to Shipton camp for the real breakfast and proceed down to Old Moses Lunch en route. Dinner and overnight at Old Moses camp (bunkhouse)

Day 5

After breakfast proceed down to Sirimon park gate. A 9km walk through our wonderful forest, where you connect with transport for transfer back.

Option 2: NARU-MORU out NARU-MORU -4 days

Day 1

You will have your picnic lunch at Narumoru gate and then start walking through rain forest for 3 hrs. to the Met. Station 3,048m, dinner/overnight.

Day 2

After breakfast your climb continue to Mackinder's camp which is approximately 5-6 hrs. 14km to Mackinder's camp. You will walk through the vertical bog and tussock grass. At this point the main peaks provide a spectacular view of Batián and Nelion, continue walking through Teleki Valley, dinner/overnight at Mackinders camp 4,300m.



Day 3

The ascension of the summit of Point Lenana begin before dawn at 3.00 o'clock to ensure time to view the sunrise from the peaks. The walk takes 3 hours to Point Lenana 4,985m, the third highest peak... From here on the clear day, you can see Kilimanjaro. Then descend down to Mackinders camp for breakfast and the continue walking down to The Met. station, dinner/overnight.

Day 4

After breakfast, start walking down through the rainforest which normally takes 2 hrs. to connect your transport back to Nairobi, arriving in the afternoon.

Option 3: NARO MORU out CHOGORIA 5 days

Day 1

An acclimatization walk will follow to the Famous Mau Mau Caves and Burguret Water Falls. After photography proceed to Hikers Camp (2,3309m), for dinner and overnight. 11Km, 4 to 5 hours hike.

Day 2

After breakfast, hike via the Narumoru gate to The Met. Station (3,040m) for dinner and overnight. 13Km hike, 3 to 4 hrs. with lunch enroute.

Day 3

After breakfast hike to Mackinders Camp (4,200m) for dinner and overnight. 13Km, 4 to 5 hrs. hike with lunch enroute.

Day 4

Attempt Point Lenana at 02:30hrs and be at the peak before the sunrise. After the sunrise, descend the mountain to Mintos hut for a full breakfast. After breakfast descend with lunch enroute to Chogoria Bandas campsite for dinner and overnight.

Day 5

After breakfast, descend the mountain and connect with your transfer vehicle to Chogoria town for lunch.

CHOGORIA ROUTE

Option 1: CHOGORIA out SIRIMON - 6 DAYS

Day 1

Pick up from the Hotel at 7.30 am and drive towards the region of Chogoria, on the eastern side of Mt Kenya arriving in the rate of afternoon for lunch. Then connect your 4x4 and drive through the equatorial rain forest, this forest is the home of elephant, Cape buffalo and leopard. You may also be fortunate to see colobus monkey on the way. You will start walking before 10 km in order to acclimatize, dinner/overnight at Meru bandas 3000m.

Day 2

After breakfast, you will follow the trail as it leads up through glades of montane forest to our private camp on the shores of Lake Ellis. You will camp at 11,800 feet. Dinner/overnight.

Day 3

After breakfast, traverse the eastern moorlands of Mt Kenya edge of the Nithi Gorge. You will have picnic lunch overlooking this majestic gorge above Vivien Falls. In the afternoon, you will hike up the ridge of the Nithi to our private camp at Hall Tarns at 14,500 feet, dinner/overnight.

Day 4



An early start at night 2.00 o'clock to the summit to reach Point Lenana 4,985m, arriving at 6.30 in the morning for the sunrise. Then descend to Mackinder's camp for breakfast, dinner/overnight.

Day 5

After breakfast, descend through Teleki valley and famous vertical bog to the Met. station 3,050m for 5 hrs. dinner/overnight.

Day 6

After breakfast, descend to Narumoru gate through the rain forest for 2 hrs. to connect your transport back to Nairobi.

Option 2: CHOGORIA out NARO MORU - 5 DAYS

Day 1

Pick up from your hotel in Nairobi at 7am to Chogoria town for an early lunch. After lunch, take a 4x4WD vehicle to the forest clearance, 16km from where the walk starts. You will walk for 16km through the forest along the dirt and sometimes very muddy road for 4hrs to reach Mount Meru Bandas at 2950m. Dinner and overnight at Mt. Meru Bandas.

Day 2

After breakfast follow the track through giant heather and forest up to Chogoria road head from where the path drops to cross a stream then follows the broad ridge to the east of the gorges valley to reach Road Head Camp taking approximately 3-4hrs. Overnight at Road Head Camp at 3300m.

Day 3

After breakfast follow the track through giant heather and forest up to Chogoria road head from where the path drops to cross a stream then follows the broad ridge to the east of the gorges valley to reach Mintos Hut, 4200m. Dinner and overnight at Mintos Hut.

Day 4

Leave shortly after midnight at 2am towards the main peaks and divide after an hour, above a flat green area at the head of the valley known as temple fields, arriving at point Lenana at 6:30am. After taking photographs, descend to Mackinders for breakfast and continue down to The Met. Station at 3000m for dinner and overnight rest.

Day 5

After breakfast, descend through the rainforest which is 9km to Narumoru Park Gate at 2,600m where you will connect with your transport back to Nairobi, arriving at approximately 3pm.

Option 3: CHOGORIA out CHOGORIA GATE 5 days

Day 1

Pick up from hotel at about 0800. It's then about 3 1/2 hours from Nairobi to where we collect the porters and guides (as required). Into the Mt. Kenya forest for the 22 km drive to the Park Gate at 2,850m. Dependent on road conditions, these 22 km have been known to take all afternoon to do and in really wet conditions it is possible that the top four or five km may be impassable. Night, dependent on clients wishes, at the Meru Mt. Kenya Banda's or at road head a further 7 km from the Park Gate.

Day 2

After breakfast and sorting of porter loads we set off up the mountain at a nice and easy pace. A slightly longer walk via Lake Ellis gives scenic views of Mugi, Ithunguni and the Giants Billiards Table, whilst if we follow the river near road head, upstream for about 3 km, the foreground scenery and flora is particularly



beautiful. Lunch by the stream banks then it's time to cut up the left hand hillside to our camp at about 3,600m, well away from any of the more "touristy" areas.

Day 3

From our campsite, we continue to move up through the moorland zone. As this area of the mountain is still off the beaten track, there are no paths to follow, and on each trip we vary the area we walk across. After about an hour, traverse left and join a ridge (slight path to follow) and join the normal Chogoria route to Minto's Hut after about 4 hour walking. Lunch at a small stream crossing then 45 min on to a camp near Minto's Hut and next to one of the tarns. Very short afternoon walk over to superb views across to "The Temple" and down to Lake Michaelson.

Day 4

After pre-dawn breakfast leave Mintos Hut for the summit passing near the Simba Tarn and Harris Tan to Point Lenana which is approximately 4 - 5 hours. After the sunrise at 6.30 and nice views of Kilimanjaro and the Coast line descend back to Mintos for full breakfast and thereafter descend to Meru Mount Kenya Lodge(Bandas) having our lunch at the Road head. Dinner and overnight at the Bandas.

Day 5

After breakfast walk for 15km downhill through the dense rain and bamboo forests to connect the 4WD jeep to Chogoria Town. Then after lunch at Chogoria drive back to Nairobi for your next destination.

Note that in addition to the above main routes, we also offer three other; Timau route, Burguret route, and Kamweti. Contact us for detailed information on these routes.

WHAT YOU REQUIRE:

A sleeping bag ,a good pair of hiking boots, sunglasses, warm jacket, warm trouser ,rain pants and jacket, a warm hat/balaclava/gaiter, gloves, torch, a big rucksack, ski poles and a small day pack.

NB: If you don't have any of the above, for a small fee we can hire any of them to you for the duration of the trip.

Contact us today on +254 703 536617 or +254 733 477 137 or Email us at info@mountkenyahike.com for a truly personalized package.